

SYMPTOMS

Mild to severe respiratory illness with:

- Fever
- Cough
- Shortness of breath
- Chest infection (Pneumonia)

In severe cases, the patients may have acute respiratory syndrome, kidney failure, and even death. Some cases may be asymptomatic, making the diagnosis more difficult causing severe complications.



TRANSMISSION

Virus Distribution and Spread

Novel coronavirus (2019-nCoV) is a new virus, that belongs to the family of viruses called Coronavirus. Coronavirus is zoonotic (can be transmitted between animals and humans). The route of transmission from animals to humans is not fully understood and is required more investigation to confirm the way of transmission.

Previous reports indicated, that many of the cases had prior contact with live animal market or seafood, but recently human to human transmission has reported.

Spread can occur from one person to others in **close contact**, possibly through infected respiratory droplets, when an infected person sneezes or coughs and by contaminated surfaces and objects.

RECOMMENDATION

Prevention

Avoid contact with sick people, and practice good general hygiene.

Avoid touching your, mouth, nose and eyes with unwashed hands.

When coughing or sneezing, cover the mouth and the nose with the flexed elbow or tissue, and wash your hands.

Wash your hands frequently with soap and water.

Avoid unprotected contact with wild animals or farm animals and avoid touching surfaces, in contact with live animals.

Avoid consumption of raw undercooked animal products like meat, milk, animal organs and eggs.

Good food safety practices are recommended.

Treatment

There is currently no specific treatment, and no vaccine available. The treatment is supportive medical care in hospital.

If you have any of the symptoms explained above, before, during or after a travel, it is recommended to visit your healthcare provider, and you must **mention your travel**.

Persons who had any contact with confirmed cases or direct exposure to the probable source of infection, must be under medical supervision. High-risk contacts must avoid travel for the incubation period (14 days) after the onset of the symptoms.